

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## PRO PLATE UNI / BI-LATERAL LEG PRESS

Power Lift's Uni-lateral and Bi-lateral Leg Press lets athletes work their legs simultaneously or independently. The leg press is great for balancing strength in athlete's legs or targeting one leg at a time.

### KEY FEATURES:

- 1/4" A36 Plate formed into channels which supports each carriage. Other materials used are; 3 1/2" x 2 1/2"-3/16" wall tubing, 3" x 2" x 11 ga. A500 tubing, 2" x 2" x 11 ga. A500 tubing.
- 4 Load bearing wheels per carriage
- Leg Press angle is 40 degrees - foot plates angle back 10 degrees from perpendicular surface of carriage
- Back pad is adjustable to 2 different angles 35 and 45 degrees from horizontal
- Built in weight storage
- Empty carriage weight of 100 lbs.
- Both carriages can be locked together to perform bi-lateral movements or un-locked to perform uni-lateral movements
- Urethane foot pads standard



### Overall Dimensions:

105" (L) x 62" (W) x 63" (H)  
1100 lbs. (Approximate Weight)

### Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

### Part Number:

41006C

powerliftusa.com  
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